SeniorCommitteeQuestionnaire



| 1. Age: | | |
|---------|---------------------|-------------------|
| | Response Percent | Response Count |
| 55-60 | 13.4% | 119 |
| 61-70 | 38.2% | 339 |
| 71-85 | 45.8% | 407 |
| 86+ | 4.2% | 37 |
| | answered question | 888 |
| | skipped question | 144 |

| 2. Sex | | |
|--------|---------------------|-------------------|
| | Response Percent | Response Count |
| Male | 51.7% | 396 |
| Female | 53.9% | 413 |
| | answered question | 766 |
| | skipped question | 266 |

3. City you live in Response Response Percent Count Los Altos 76.6% 544 Los Altos Hills 20.6% 146 Other 22 3.1% 710 answered question skipped question 322

| 4. What type of transportati | on do you currently use? | |
|------------------------------|--------------------------|-------------------|
| | Response Percent | Response Count |
| Bicycle | 15.6% | 160 |
| Taxi | 1.8% | 18 |
| Bus | 3.4% | 35 |
| Walk | 37.9% | 388 |
| Car | 97.0% | 992 |
| Non-profit agency | 0.1% | 1 |
| Motorcycle | 1.4% | 14 |
| Outreach | 1.4% | 14 |
| Rely on friend or relative | 6.3% | 64 |
| None | 0.0% | 0 |
| Other | 2.2% | 23 |
| | answered question | 1,023 |
| | skipped question | 9 |

5. If you do not currently use public transportation, what prevents you from using it?

| | | Response Percent | Response Count |
|------------------------------------|---|---------------------|-------------------|
| Cost | | 1.8% | 18 |
| Bus stop is too far | | 29.4% | 291 |
| Safety | | 2.0% | 20 |
| Weather | | 6.0% | 59 |
| Schedule is hard to read | | 3.7% | 37 |
| Physically too difficult | | 6.4% | 63 |
| Language barrier | 1 | 0.2% | 2 |
| Bus doesn't come often enough | | 24.1% | 239 |
| Time consuming | | 34.5% | 342 |
| Routes don't go where I want to go | | 37.7% | 374 |
| More convenient to drive | | 81.5% | 808 |
| Other | | 8.9% | 88 |
| | | answered question | 991 |
| | | skipped question | 41 |

6. Would you use a shuttle service to get to locations within the City of Los Altos or Town of Los Altos Hills? (Senior Center, Library, City Hall, Adult Education, Shopping, Doctor, etc.)

| | Response Percent | Response Count |
|-----|---------------------|-------------------|
| yes | 34.1% | 327 |
| no | 66.1% | 633 |
| | answered question | 958 |
| | skipped question | 74 |

7. Would you be able to pay a nominal fee for a shuttle service within Los Altos/Los Altos Hills?

| | Response Percent | Response Count |
|-----|---------------------|-------------------|
| yes | 84.1% | 771 |
| no | 15.9% | 146 |
| | answered question | 917 |
| | skipped question | 115 |

8. Do you need shuttle service for outside of Los Altos/Los Altos Hills?

| | | onse cent | Response Count |
|-----|--------------|--------------|-------------------|
| yes | | 15.1% | 140 |
| no | | 85.2% | 792 |
| | answered que | stion | 930 |
| | skipped que | stion | 102 |

9. Describe your current employment status:

| | Response Percent | Response Count |
|----------------------------|---------------------|-------------------|
| Work full time | 17.7% | 176 |
| Volunteer | 16.3% | 162 |
| Work part time | 14.7% | 146 |
| Disabled or unable to work | 1.4% | 14 |
| Looking for work | 2.6% | 26 |
| Do not want/need to work | 7.0% | 70 |
| Retired | 64.3% | 640 |
| | answered question | 996 |
| | skipped question | 36 |

10. Do you need resources and information to find gainful employment?

| | Response Percent | Response Count |
|---------|---------------------|-------------------|
| yes | 3.2% | 31 |
| no | 96.6% | 949 |
| specify | 2.4% | 24 |
| | answered question | 982 |
| | skipped question | 50 |

11. Would you be interested in attending skill-building classes to help find gainful employment?

| | Response Percent | Response Count |
|---------|---------------------|-------------------|
| yes | 4.4% | 43 |
| no | 95.3% | 936 |
| specify | 2.5% | 25 |
| | answered question | 982 |
| | skipped question | 50 |

12. Do you need resources and information to find volunteer opportunities?

| | Response Percent | Response Count |
|---------|---------------------|-------------------|
| yes | 17.3% | 169 |
| no | 82.6% | 806 |
| specify | 5.8% | 57 |
| | answered question | 976 |
| | skipped question | 56 |

13. Would you be interested in attending skill-building classes to fulfill a volunteer position?

| | Response Percent | Response Count |
|---------|---------------------|-------------------|
| yes | 20.0% | 192 |
| no | 78.6% | 754 |
| specify | 5.8% | 56 |
| | answered question | 959 |
| | skipped question | 73 |

14. Describe your current living situation:

| | Response Percent | Response Count |
|--------------------------|---------------------|-------------------|
| Senior Housing | 0.7% | 7 |
| Live alone | 19.1% | 190 |
| Assisted living | 0.0% | 0 |
| Live with partner/spouse | 74.8% | 744 |
| Live with family/friends | 5.4% | 54 |
| Other | 2.0% | 20 |
| | answered question | 994 |
| | skipped question | 38 |

15. Do you plan to remain in your current residence as you age?

| | Response Percent | Response Count |
|-----------------------|---------------------|-------------------|
| yes | 89.2% | 885 |
| no | 9.0% | 89 |
| If no, please explain | 14.2% | 141 |
| | answered question | 992 |
| | skipped question | 40 |

16. Would you be interested in any of the following:

| | Response Percent | Response Count |
|---|---------------------|-------------------|
| Housing info such as assisted living options | 23.3% | 144 |
| Home maintenance & repair resources | 64.7% | 400 |
| Information on how to adapt to my current home as I age | 29.8% | 184 |
| Contractors/handyperson to make home repair/alterations | 71.2% | 440 |
| Safety inspections | 17.6% | 109 |
| Other | 9.1% | 56 |
| | answered question | 618 |
| | skipped question | 414 |

17. Do you feel there are satisfactory opportunities offered in your community to enroll in skill building or personal enrichment classes?

| | Response Percent | Response Count |
|-----|---------------------|-------------------|
| yes | 75.5% | 569 |
| no | 25.1% | 189 |
| | answered question | 754 |
| | skipped question | 278 |

18. How often would you like to attend classes or workshops?

| | Response Percent | Response Count |
|--------------------|---------------------|-------------------|
| 1 day per week | 31.8% | 283 |
| 2-3 times per week | 14.9% | 133 |
| Monthly | 14.8% | 132 |
| Not at all | 40.6% | 361 |
| | answered question | 890 |
| | skipped question | 142 |

19. If you were to enroll in classes, what would appeal to you? (Check all that apply.)

| | Response Percent | Response Count |
|--|---------------------|-------------------|
| Community resources (services available to support living a full and functional life) | 19.8% | 168 |
| Computers (Internet, email, graphic arts, research) | 46.5% | 394 |
| Crafts and Art (woodworking, jewelry making, photography, ceramics, painting) | 36.2% | 307 |
| Finances (saving for retirement, insurance, living on less money) | 19.3% | 164 |
| Fitness and Exercise (weight training, water exercise, tai chi, yoga, cardio, dance) | 66.3% | 562 |
| Health Education and Nutrition (living with chronic disease, fall prevention, healthy eating) | 25.8% | 219 |
| Housing (assisted living options, home maintenance & repair, adapting to my home as I age) | 25.6% | 217 |
| Continued Learning (English as a Second Language, politics, history, poetry, music,creative writing, current events) | 34.1% | 289 |
| Safety and Protection (identity theft, personal safety, Neighborhood Watch, avoiding scams) | 23.1% | 196 |
| Emergency Preparedness | 35.3% | 299 |
| Other | 9.2% | 78 |
| | answered question | 848 |
| | skipped question | 184 |

20. Insurance - Do you need assistance in finding:

| | Response Percent | Response Count |
|--------------------------|---------------------|-------------------|
| Medical insurance | 33.9% | 41 |
| Dental insurance | 43.0% | 52 |
| Vision/Optical insurance | 24.8% | 30 |
| Long term care insurance | 33.1% | 40 |
| Life insurance | 7.4% | 9 |
| Affordable healthcare | 43.8% | 53 |
| | answered question | 121 |
| | skipped question | 911 |

21. What services would support your medical and personal needs:

| | Response Percent | Response Count |
|--|---------------------|-------------------|
| Flu shot/vaccinations | 54.9% | 218 |
| Health info | 21.2% | 84 |
| Dietary assistance | 9.1% | 36 |
| Information regarding senior assistance services | 29.2% | 116 |
| Estate planning or writing a will | 22.7% | 90 |
| Other | 6.3% | 25 |
| | answered question | 397 |
| | skipped question | 635 |

22. Which of the following Senior Centers do you attend?

| | Response Percent | Response Count |
|----------------------|---------------------|-------------------|
| Los Altos (Hillview) | 23.9% | 207 |
| Palo Alto | 2.7% | 23 |
| Cupertino | 1.6% | 14 |
| None | 67.8% | 588 |
| Mountain View | 8.7% | 75 |
| Other | 5.4% | 47 |
| | answered question | 867 |
| | skipped question | 165 |

23. Where do you go for your physical fitness program?

| | | Response Percent | Response Count |
|-------------------------------|------|---------------------|-------------------|
| Foothill College | | 5.7% | 40 |
| Jewish Community Center (JCC) | | 2.9% | 20 |
| Adult Education Classes | | 8.3% | 58 |
| Westwind Barn | 0 | 0.6% | 4 |
| YMCA | | 20.5% | 143 |
| Other | | 71.4% | 497 |
| | ansv | vered question | 696 |
| | ski | pped question | 336 |

24. Would you attend a senior program at Grant Park in South Los Altos?

| | Response Percent | Response Count |
|-----|---------------------|-------------------|
| yes | 33.1% | 270 |
| no | 66.9% | 546 |
| | answered question | 816 |
| | skipped question | 216 |

25. Do you use the Los Altos Library system?

| | Respons Percen | |
|-----|-------------------|--------|
| yes | 79.0 | 728 |
| no | 21.0 | 9% 194 |
| | answered question | on 922 |
| | skipped question | on 110 |

26. Would you use library services in the form of:

| | Respo Perc | | Response Count |
|--|---------------|------|-------------------|
| Bookmobile | 70 | 0.2% | 106 |
| Volunteer delivery of books to the homebound | 50 | 0.3% | 76 |
| | answered ques | tion | 151 |
| | skipped ques | tion | 881 |

27. Do you participate in any of the currently offered Los Altos Senior Center activities?

| | | Response Percent | Response Count |
|-------------------|---|---------------------|-------------------|
| Art classes | | 12.4% | 25 |
| Bridge | | 10.9% | 22 |
| Bocce ball | | 4.0% | 8 |
| Computers | | 4.5% | 9 |
| Line dancing | | 4.5% | 9 |
| Mah Jongg | 1 | 0.5% | 1 |
| Monkey Toy Ladies | | 3.5% | 7 |
| Poker | I | 0.5% | 1 |
| Puti meditation | | 0.0% | 0 |
| Travel | | 8.5% | 17 |
| Wii | | 2.5% | 5 |
| Other | | 66.2% | 133 |
| | | answered question | 201 |
| | | skipped question | 831 |

| 28. Do you feel you have the opportunity to socialize with others? | | | |
|--|---------------------|-------------------|--|
| | Response Percent | Response Count | |
| yes | 79.7% | 721 | |
| no | 4.6% | 42 | |
| Sometimes | 16.1% | 146 | |
| If no, please explain: | 4.4% | 40 | |
| | answered question | 905 | |
| | skipped question | 127 | |

| 29. Volunteer opportunities. Do you have an expertise you would like to share? | | | |
|--|---------------------|-------------------|--|
| | Response Percent | Response Count | |
| If yes, please list or check some that apply: | 26.5% | 48 | |
| Basic computer skills | 48.1% | 87 | |
| Applications (Word, Excel, PPT, Web Design, Photoshop, etc.) | 34.3% | 62 | |
| Flower arranging or painting | 8.8% | 16 | |
| Lead a walking/hiking group | 17.7% | 32 | |
| Travel | 21.0% | 38 | |
| Photography | 15.5% | 28 | |
| Cooking | 16.6% | 30 | |
| Horseback riding | 3.9% | 7 | |
| | answered question | 181 | |
| | skipped question | 851 | |

30. What do you project your needs to be in 10-15 years? Please explain.

| our triat do you project your needs to be in 10 10 yours. I loade explain. | | |
|--|-------------------|--|
| | Response Count | |
| | 0 | |
| answered question | 0 | |
| skipped question | 1,032 | |

31. As an active/aging adult are there any other thoughts/concerns you would like to share that have not been covered in this Questionnaire? If so, please explain below and/or use back of sheet if necessary.

| Count | | |
|-------|-------------------|--|
| 0 | | |
| 0 | answered question | |
| 1,032 | skipped question | |

Response

| 32. Comments on Questionnaire? | | | |
|--------------------------------|--|---------------------|-------------------|
| | | Response Percent | Response Count |
| yes | | 78.3% | 808 |
| no | | 21.7% | 224 |
| | | answered question | 1,032 |
| | | skipped question | 0 |

33. Questionnaire Number Response Count 1,032 answered question 1,032 skipped question 0